## **PHYSICAL DEMANDS**

Job Title: Mason						Position #: 000753	
Hours: 40					<b>Breaks</b> : 30 min x 1 & 15 min x 1	Overtime: 16 hrs per year	
<b>Equipment</b> : Trowels, mix pan, hand tools, tool bag, grinder, hammer drill.							
Work Environment: 75% indoors (approximation) Special Requirements: State & College Drivers License							
Task	R	0	F	С	Description		
Lift		80	5- 20		*80 lb bag of mortar from ground to waist level (1 person); 100-140 lb granite blocks (2 person) from ground to waist level on rare basis; 30-60 lb concrete pavers on a rare basis; 70 lb tile saw; 50 lb box of tile on a rare basis. 32 lb hammer drill.		
Carry		80	5- 20		*80 lb bag of mortar (1 person); 100-140 lb granite blocks (2 person); 30-60 lb concrete pavers less than 3 ft.; 70 lb tile saw; 50 lb box of tile; 32 lb hammer drill. Generally these objects are carried under 50 feet, however, on a rare basis you may need to carry some items (i.e. box tile, bag mortar mix, drill) further and up/down several flights of stairs.		
Push		80			*80 lbs of force to push a loaded wheelbarrow and hand truck across a variety of surfaces and inclines a distance of less than 25 ft.		
Pull		80			*80 lbs of force to pull a loaded wheelbarrow and hand truck for short distances across a variety of surfaces and inclines a distance of less than 25 ft.		
Sit	х				Sitting on a rare basis to perform work tasks. Option of sitting at break.		
Stand/Walk				Х	*Required on a constant basis to perform jobs and get to and from specific jobs. Standing and walking outdoors in seasonal conditions and across some uneven terrain.		
Bend/Squat			х		*To lift items and perform tasks positioned below waist level.		
Crouch/Kneel			Х		*To perform tasks below waist level.		
Twist/Turn			Х		*When working in confined spaces, moving items from one position to another and working with tile i.e. setting tile.		
Crawl	х				*Working on hands and knees installing	tiles or pavers etc.	
Climb		х			*To access multi level buildings that don't have lifts or when working from ladders installing wall or ceiling tile. Occasional use of ladders, mostly step ladders.		
Reach				Х	*Reaching overhead, out front and down low when working with tools and product. Occasional reaching overhead.		
Handle				Х	*Working with tools and product (tile, p	avers, mix etc)	
Finger	х				*To operate buttons and switches.		
Balance		х			Working from ladders with both hands in up/down stairs.	e. unable to hold ladder while working. Carrying equipment	
Rare (R) Occasional (O) Frequent (F) Constant (C)	1 - 10% 11 - 33% 34 - 66% 67 - 100%				1 - 5 min/hr 6 - 20 min/hr 21 - 40 min/hr 41 - 60 min/hr	< 1 hr/day 1 - 2 ½ hr/day 2 ½ - 5 ½ hr/day > 5 ½ hr/day	

Evaluator: Mark Coleman, OTR/L

Updated: 08/09/17